

Monash Lung and Sleep: State of the Art 2023: Fri July 28 2023

0845: Welcome: Darren Mansfield

0900 -1030: Session 1. Peri-operative sleep apnoea.

Frances Chung: Sleep apnoea in patients undergoing major surgery? What is the risk?

David Hillman: Mechanisms by which OSA may mediate risk for postoperative outcomes

TBC: Models of care for sleep apnoea screening in Australia. Is there a role?

1030-1045: Tea

1045-1215: Session 2. Circadian disorders

Sean Cain: Circadian disorders: Physiological mechanisms

Sally Ferguson: Whats new in treating circadian disorders?

Tracey Sletten: will managing shift work save our service industry workforce?

1215-1315: Lunch.

1315- 1445: Session 3. Whats new in insomnia management?

Bei Bei: CBT-I apps. Are we ready to replace the clinician?

Jennifer Walsh: Medicinal cannabis for sleep disturbances

Robert Adams: Insomnia management in primary care: Can it be done?

1445-1500: Tea

1500-1645: Session 4: New therapies in managing sleep disorders

Peter Eastwood: Hypoglossal nerve stimulation for OSA

Brendan Yee: New drugs for sleepiness: Where might they fit in?

Frances Chung and Panel: Panel discussion: The role of screening for sleep apnoea in high risk conditions: What are the opportunities and where are the pitfalls?

1645: Meeting close: Drinks and Canapes